



## FREE HEALING WEEKEND FOR GRIEVING CHILDREN & TEENS August 9–11, 2019



### WHAT IS BY THE BAY CAMP?

**Hospice by the Bay** and **Comfort Zone Camp** are partnering to present **By the Bay Camp**, a free 3-day grief support retreat for children and teens. It will be held at the CYO Camp Center in Sonoma County, Friday through Sunday, August 9–11.

### WHAT IS A GRIEF SUPPORT RETREAT?

This exciting program features icebreakers, age-based support groups led by trained grief specialists and camp fun such as games, crafts, a ropes course, archery and swimming. Campers are paired with their own Big Buddy mentor who encourages their self-expression and interaction with their peers, helping to build trust and ease the isolation children and teens often feel after a death.

### HOW DO I APPLY?

Campers must be between ages 7–17 (18, if still in high school), and have experienced the loss of a parent, sibling or significant person.

**Complete an online application at:**

[www.comfortzonecamp.org/event/1074](http://www.comfortzonecamp.org/event/1074)

**More camp information at:**

[www.hospicebythebay.org/bythebaycamp](http://www.hospicebythebay.org/bythebaycamp)



FOR HELP WITH REGISTRATION:

Email CZC Staff Member, Mike Brown: [mbrown@comfortzonecamp.org](mailto:mbrown@comfortzonecamp.org) • or call (866) 488.5679