



Marin County • Spring–Summer 2018

Grief Support Group Calendar

Drop-in Grief Support Group **FREE**

Tuesdays, ongoing, 12:30–1:30 p.m.

Find comfort, emotional support and healing advice after the loss of a loved one at this weekly drop-in group.

No registration required. Donations accepted. As a courtesy to your fellow group members, please arrive promptly.

Drop-in Group for Bereaved Parents **FREE**

First Thursday of each month, 11 a.m.–Noon

The loss of a child is a life-changing event. Find support and understanding from others who have experienced a similar loss. Join us to gently explore emotions, find companionship with other bereaved parents and transform grief into healing.

No registration required. Donations accepted. As a courtesy to your fellow group members, please arrive promptly.

Pet Loss Group **FREE**

First Monday of each month, 6–7:30 p.m.

Marin Humane, Whittel Building
171 Bel Marin Keys Blvd, Novato

If you have experienced the death of a loved animal, please join us for this free monthly support group offered in collaboration with Marin Humane.

No registration required.

Spousal/Partner Loss

• Mondays, July 9–Aug. 27, 1:30– 3 p.m.

Express grief in a supportive environment, connect with others facing a spousal or partner loss and learn coping skills to ease the life adjustments you may encounter.

8 sessions. Fee: \$185. Pre-registration required.*

LGBTQ Spousal/Partner Loss

Thursdays, July 12–Aug. 30, 1:30–3 p.m.

Find emotional support and express grief in a group that recognizes the unique needs of spousal/partner loss in the LGBTQ community.

8 sessions. Fee: \$185. Pre-registration required.*

Parental Loss for Adults

Wednesdays, Aug. 1–Sep. 19, 6–7:30 p.m.

Losing a parent can be difficult at any age. This group provides emotional support and the opportunity to connect with others who can relate to your experience.

8 sessions. Fee: \$185. Pre-registration required.*

By the Bay Camp for Grieving Children & Teens



Friday–Sunday, Aug. 10–12

A free healing weekend in Sonoma County for youth ages 7–17, presented by Hospice by the Bay in partnership with Comfort Zone Camp.

For more information or to register, www.comfortzonecamp.org/event/985.

FREE

Hospice by the Bay • 17 E. Sir Francis Drake Blvd., Larkspur • (415) 526.5699
www.hospicebythebay.org • griefsupport@hbtb.org

All support groups are available to the community, as well as individual and family counseling.

**A sliding-fee scale is available for those who qualify. For family members of patients who received Hospice by the Bay's care, the fee for one group series is waived during the first 13 months after the loss. Donations gratefully accepted.*